



# Infection Prevention Toolkit



## Supporting Information for completing Continuing Care of Urinary Catheters Audit Tool

### Continuing Care

#### Sterile Sampling

- Samples are obtained using aseptic technique via the catheter sampling port.

#### Drainage bag position

- Above floor level, but below bladder level to prevent reflux or contamination.
- Closed urinary drainage system intact or only disconnected as per manufacturer's instructions.
- Leg bags need to be emptied regularly. The bag should be emptied when it is no more than half full, as this helps prevent the heavy urine bag pulling on the catheter. It is also important that the leg bag is well supported with elastic straps or supportive elastic sleeves.
- The leg drainage bag must be changed at least every seven days.
- Single use night bags should be changed daily.

#### Catheter Manipulation

- Hands are washed and dried thoroughly before and after handling the catheter.
- Clean gloves and PPE are worn to handle /empty a catheter.
- Open the tap at the bottom of the bag and drain into a clean dry container.
- Re-usable container is cleaned after each use.
- Close the tap after draining the bag; wipe any urine from the end of the tap with a single use tissue and discard.

#### Connecting a Catheter Bag

- Wash and dry hands thoroughly before and after connection.
- Clean gloves and apron are worn. (eye protection if needed)
- Remove the straps supporting the leg bag or remove it from the elastic sleeve.
- Attach the night bag to the bottom of the leg bag. Once connected open the leg bag tap and leave it in an open position while the night bag is attached.
- Support the night bag on a stand or support hanger.
- Always keep the bag lower than the bladder and don't lay the bag on the floor.

#### Disconnecting a night bag

- Wash and dry hands, close the tap on the leg bag and remove the night bag.
- Re-apply the supportive straps on the leg bag.
- Empty the night bag and complete the fluid balance chart, recording urine colour.
- Catheter and drainage products are disposed of in the correct waste stream.
- Remove PPE.
- Wash and dry hands.



# Infection Prevention Audit Tool – Continuing Catheter Care

## Infection Prevention Toolkit



Care Home Name:

Name and Designation of person completing audit (PRINT):

Date Audit Completed:

Elements	Observation Initials	Sterile sampling		Drainage bag position		Catheter manipulation		Connecting bag		Hand hygiene prior to & after care		Personal Protective Equipment		Safe disposal of waste		Bare Below Elbow		All elements performed		
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
1																				
2																				
3																				
4																				
5																				
6																				
7																				
8																				
9																				
10																				
<b>TOTAL</b>																				
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