

Your children at the heart of all we do

Kirklees School Meals Service

Seasonal menus 2024/25

St Helens School



Autumn / Winter Menus: September - March

Week 1 MONDAY	Oven Baked Sausage <i>served with</i> Creamy Mashed Potatoes, Broccoli and Carrots	Plain Pasta served with Tomato Sauce and Garlic Bread	Cheese or Ham Sandwich	Sponge of the Day served with Creamy Custard Homemade Flapjack Fresh Fruit Platter
TUESDAY	Quorn Dippers <i>served with</i> Potatoes, Peas and Sweetcorn	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Sticky Toffee Pudding served with a Vanilla Sauce Fruit in Jelly Fresh Fruit Salad
WEDNESDAY	Roast of the Day s <i>erved with</i> Oven Roast and Creamed Potatoes and Seasonal Vegetables	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Chunky Fruit Muffin Reduced Sugar Desserts Fruit Yoghurt
THURSDAY	Chicken & Vegetable Pie <i>served with</i> Yorkshire Pudding, and Seasonal Vegetables	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Chocolate Fudge Pudding served with Creamy Custard Shortbread and Fruit Juice Fresh Fruit Salad
FRIDAY	Oven Baked Fish Fingers <i>served</i> with Chips and Garden Peas	Macaroni Cheese served with Homemade Bread	Cheese or Ham Sandwich	Selection of Home Baking Creamy Rice Pudding Fresh Fruit Platter

Available daily: fresh bread, freshly prepared salad bar and drinking water

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MONDAY	Cottage Pie topped with Creamy Mashed Potatoes <i>served with</i> Carrots and Garden Peas	Cheese & Tomato Pizza served with Jacket Wedges and Homemade Coleslaw	Cheese or Ham Sandwich	Steamed Sponge served with Creamy Custa Assorted Homemade Biscu Fresh Fruit
TUESDAY	Plain Pasta <i>served with</i> Tomato Sauce and Garlic Bread	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Apple Shortcake served with Creamy Custan Fruit in Jelly Mixed Fruit Platter
WEDNESDAY	Roast of the Day served with Oven Roast and Creamed Potatoes and Seasonal Vegetables	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Fruit Crumble served with Creamy Custa Reduced Sugar Desserts Chunky Fruit Pots
THURSDAY	Chicken & Vegetable Pie <i>served with</i> Potatoes, Carrots and Broccoli	Quorn Curry served with Rice	Cheese or Ham Sandwich	Orange Victoria Sponge served with Chocolate Sau Homemade Iced Finger Fresh Fruit
FRIDAY	Harry Ramsden's Battered Fish <i>served with</i> Chunky Chips and Garden Peas	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Lemon Drizzle Cake Selection of Home Bakin Mixed Fruit Yoghurt

Spring / Summer Menus: April - July

V	MONDAY	Quorn Dippers served with Herb Potatoes and Peas & Sweetcorn	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Jam Shortcake served with Creamy Custard Homemade Flapjack Fresh Fruit Salad
	TUESDAY	Chicken Wraps served with Rice and Side Salad	Homemade Margherita Pizza <i>served with</i> Seasoned Wedges and Seasonal Salad	Cheese or Ham Sandwich	Fruit in Jelly Assorted Homemade Muffins Fresh Fruit Platter
	WEDNESDAY	Roast of the Day <i>served with</i> Oven Roast and Creamed Potatoes and Seasonal Vegetables	Quorn Sausage <i>served with</i> Oven Roast and Creamed Potatoes and Seasonal Vegetables	Cheese or Ham Sandwich	Fruit Crumble served with Creamy Custard Reduced Sugar Desserts Mixed Fruit Yoghurts
	THURSDAY	Homemade Sausage Roll <i>served with</i> Seasoned Wedges and Salad or Coleslaw	Jacket Potato <i>served with</i> Baked Beans or Cheese	Cheese or Ham Sandwich	Homemade Carrot Cake Assorted Ice Cream Fresh Fruit
	FRIDAY	Oven Baked Fish Fingers <i>served with</i> Chips and Garden Peas	Jacket Potato <i>served with</i> Baked Beans or Cheese	Cheese or Ham Sandwich	Chocolate Slab Cake Assorted Home Baking Fresh Fruit Salad

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	Ravioli <i>served with</i> Tomato Sauce and Garlic Bread	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Homemade Fruit served with Creamy C Assorted Homemade I Fresh Fruit Platt
TUESDAY	Beef Burger in a Bun served with Potato Wedges	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Homemade Ginger with Fudge Toppi Jelly & Ice Crea Fresh Fruit Sala
WEDNESDAY	Roast of the Day served with Oven Roast and Creamed Potatoes and Seasonal Vegetables	Fishcake served with Oven Roast Potatoes and Seasonal Vegetables	Cheese or Ham Sandwich	Chunky Fruit Muf Reduced Sugar Des Fruit Yoghurts
THURSDAY	Chicken Curry served with Rice and Naan Bread	Macaroni Cheese served with Homemade Garlic Bread	Cheese or Ham Sandwich	Chocolate Victoria S served with Creamy C Assorted Mouss Fresh Fruit Platt
FRIDAY	Harry Ramsden's Battered Fish served with Chunky Chips and Garden Peas	Jacket Potato served with Baked Beans or Cheese	Cheese or Ham Sandwich	Chocolate Cornflake Selection of Home B Fresh Fruit Sala

We hold the Food for life served here accreditation:

- At least 75% of dishes on the menu are freshly prepared
- We use local and seasonal produce
- All eggs are free range
- Meat is 'farm assured' as a minimum
- All fish comes from sustainable stocks
- No undesirable additives or artificial trans fats are used.



SEASONAL THEME DAYS

Please check with your school if they are taking part October 2024 - Census, Munch's travels November 2024 - National Roast Dinner Day December 2024 - Christmas Lunch January 2025 - Census April 2025 - Eid May 2025 - Census, Munch's travels

July 2025 - Summer Seaside theme

